

Muzzle Training Plan 1 – Lure based

	Description of muzzle training stage	Date stage started	Date stage completed
Stage 1	Build up a relationship between the dog seeing the muzzle and receiving a piece of food immediately after. You can have the muzzle behind your back, present the muzzle, then feed them straight away.		
Stage 2	Mark the dog with a 'yes' for approaching the muzzle. Deliver food away from the muzzle.		
Stage 3	Mark the dog with a 'yes' for sniffing the muzzle. Deliver food away from the muzzle. You can now add the word 'muzzle' as the dog is approaching the muzzle.		
Stage 4	Mark the dog with a 'yes' for putting their nose into the muzzle. You can begin to put some treats inside the muzzle for the dog to eat and increase the time that their nose is in the muzzle.		
Stage 5	To desensitize further, incorporate the muzzle into trick sessions e.g., ask the dog to sit, paw, nose in muzzle, touch etc.		
Stage 6	Hold one strap to the back of the dog's head for a few seconds whilst they are eating from the muzzle. Once the dog is comfortable with this you can move to the second strap. Feed treats through muzzle.		
Stage 7	You can now hold both straps for a few seconds whilst the dog has their nose in the muzzle. Feed treats through muzzle.		
Stage 8	Clip up the muzzle and feed through the muzzle. Unclip before the dog shows any indication of wanting the muzzle removed.		
Stage 9	Once the dog is relaxed wearing the muzzle for a few moments you can feed the dog through the muzzle intermittently to build on duration. Ask for a sit, paw or any other tricks they know, and then remove the muzzle. Work on basic recall to desensitize to movement whilst wearing the muzzle.		
Stage 10	Do a short walk with the dog wearing the muzzle – make it fun and incorporate tricks and plenty of positive reinforcement.		
Stage 11	Gradually build up to longer periods wearing the muzzle until the dog is happy wearing it for the entirety of the walk.		
Stage 12	To ensure a continued positive association with the muzzle carry out training sessions using the muzzle on an ongoing basis. Ensure the dog is marked/reinforced each time they put the muzzle on.		